



CityDesktop™  
training



**ADOBE PREMIERE PRO CS4  
ESSENTIALS**

Premiere Pro CS4 is Adobe's digital video editing application and is an all-in-one tool that includes Adobe Encore CS4 and Adobe OnLocation CS4.

This 2 day introduction course covers not just the basics of working with audio, creating transitions, and producing titles, but also explains the most efficient ways for editing projects and utilising tools such as Adobe Dynamic Link and Soundbooth.

This course also includes what's new in CS4, such as direct-to-disk recording, batch encoding, project intelligence with XMP metadata support, etc.

## 1. Adobe Premiere Pro CS4 Overview

Introduction to new features

Nonlinear editing in Premiere Pro

Standard digital video workflow

Incorporating other Creative Suite components

Adobe Premiere Pro's workspace & customising

## 2. Shooting and Capturing Video & Audio

Tips for shooting great video

Capturing video

Capturing an entire tape

Using batch capture & scene detection

Tackling manual analog movie capture

Capturing HDV and HD video

## 3. Settings, Preferences & Managing Assets

Selecting project settings by sequence

Types of settings

Project settings

Importing assets

Images

Managing media in the bins

Exploring additional bin features

Finding assets with the Media Browser

## 4. Importing and Managing Tapeless Media

Using a tapeless workflow

Using Media Browser

Importing P2 and XDCAM media

Mixing media formats

## 5. Creating Cuts-Only Videos

Using a storyboard to build a rough cut

Editing clips on the Timeline

Moving clips to, from and within the Timeline

Working with Source Monitor editing tools

Adjusting clips in the Trim panel

Using other editing tools

## 6. Adding Video Transitions

Using transitions with restraint

Experimenting with transitions

Parameters in the Effect Controls panel

Using A/B mode to fine tune a transition

Applying transitions to multiple clips  
simultaneously

Adding audio transitions

## 7. Creating Dynamic Titles

Adding titles

Changing text parameters

Building text

Text on a path

Creating shapes

Animating text

Adding text effects such as: sheens, strokes,  
shadows and fills

*Continued next page*

## 8. Specialised Editing Tools

Exploring time saving editing tools  
Replacing a clip and replacing footage  
Using Sync Lock and Lock Track  
Editing with In and Out points around a clip  
Creating subclips from the Source Monitor  
Multicamera editing

## 9. Adding Video Effects

Sampling basic video effects  
Applying effects to multiple clips  
Adding keyframing effects  
Adding keyframe interpolation and velocity  
Adding lighting effects  
Creating custom presets

## 10. Putting Clips in Motion

Applying the Motion effect to clips  
Changing clip size and adding rotation  
Working with keyframe interpolation  
Creating pictures-in-picture  
Enhancing motion with shadows & bevelled edges

## 11. Changing Time

Using slow-motion and reverse-motion techniques  
Variable time change with time remapping  
Applying time remapping with speed transitions  
Using time remapping with reverse motion  
Timeline downstream effects of changing time  
Changing the speed of multiple clips simultaneously  
Changing the length of multiple stills simultaneously

## 12. Acquiring and Editing Audio

Setting up a basic voice-recording area  
Creating a high-quality aural experience  
Examining audio characteristics  
Adjusting audio volume and gain  
Adding J-cuts and L-cuts

## 13. Project Management

Project menu overview  
Using the Project Manager  
Conducting a Clip Notes review  
Importing projects or sequences

## 14. Exporting Frames, Clips and Sequences

Overview of export options  
Recording to videotape  
Using Adobe Media Encoder  
Exporting to mobile devices

### Upcoming Dates

For the latest dates, please visit:  
<http://www.cd.com.au/training/training-calendar.html>

**Cost: \$895**

### Contact Details

(02) 9516 1715  
[info@cd.com.au](mailto:info@cd.com.au)  
<http://www.cd.com.au>